

City of Commerce
Department of Parks and Recreation

BOXING

September 23 – December 20, 2024

**BRISTOW PARK
BOXING GYM**

BOXING COACH: JOSEPH DIAZ

RESIDENT \$25 NON-RESIDENT \$35

Basic Fundamentals Class

*This class is designed for beginners

Mondays/Wednesdays

4:00 - 5:30 p.m.

Ages 8 -14

Extended Fundamentals Class

*Must qualify with Instructor approval

Tuesdays/Thursdays

4:30 - 6:00 p.m. Ages 8-11

6:30 - 8:00 p.m. Ages 12-14

Extended Fundamentals Class and Competitive Team Tryout Days

Fridays

5:00 - 6:00 p.m.

Resident registration starts on
Tuesday, September 17 at 10 a.m.
Non-resident registration starts on
Thursday, September 19 at 10 a.m.

Register online at

<https://activenet.active.com/commerce>
or call (323) 887-4434.



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★ ★ ★ ★ ★ **COMPETITIVE BOXING TEAM** ★ ★ ★ ★ ★

*Must meet pre-requisites to join team. Please see Instructor or call the Sports Division at (323) 887-4432 for more information. Must have a current resident plus activity card. Financial Assistance available for those who qualify and upon approval of application.