

CITY OF COMMERCE DEPARTMENT OF PARKS AND RECREATION

AQUATICS ADULT FITNESS CLASSES

SUMMER SESSION 2

JULY 3-14 NO CLASSES/SESSIONS: JULY 4, 2023

RESIDENTS (AGES 16-49) \$2.00 PER TIME SLOT RESIDENTS (AGES 50-59) \$1.00 PER TIME SLOT **RESIDENT SENIORS (AGES 60+) FREE** NON-RESIDENT (AGES 16-49) \$4.00 PER TIME SLOT NON-RESIDENT SENIOR (AGES 50+) \$2.00 PER TIME SLOT If you have PLUS MEMBERSHIP, classes/lap swim are free.



WATER AEROBICS

(AGES 18 & UP) TUESDAY, WEDNESDAY, **THURSDAY** 10:00AM-10:45AM 11:00AM-11:45PM 16 PARTICIPANTS PER TIME SLOT

LAP SWIM

(AGES 16 & UP) LANES WILL BE SHARED (3 PER LANE MAXIMUM) **MONDAY - THURSDAY** 12:00PM-12:45PM MONDAY ONLY 1:00PM-2:00PM **CLOSED FRIDAY**



REGISTRATION REQUIRED @ HTTPS://ACTIVENET.ACTIVE.COM/COMMERCE RESIDENT REGISTRATION OPENS WEDNESDAY, JUNE 28, 2023 AT 10 AM. NON-RESIDENT ONLINE REGISTRATION OPENS ON FRIDAY, JUNE 30, 2023.



FOR RESIDENTS THAT MAY NOT HAVE INTERNET ACCESS, A LIMITED NUMBER OF PHONE-IN REGISTRATIONS WILL BE ALLOWED.

COME READY TO SWIM IN APPROPRIATE SWIM ATTIRE. ALL PROGRAMS BEGIN AND END AT EXACT TIMES LISTED. YOU MAY ENTER ON HARBOR STREET @ THE GREEN GATES.

FOR MORE INFORMATION, PLEASE CALL THE DEPARTMENT OF PARKS AND RECREATION AT (323) 887-4434.