

**FITNESS CENTER
MEMBERSHIP
ACTIVITY CARD
PACKAGES:**

PLUS

16 YEARS-59 YEARS

\$99.00*

*Access to Fitness Center,
Water Aerobics,
Lap Swim and all Fitness Classes.*

SENIORS

60 YEARS & OVER:

FREE*

*Access to Fitness Center,
Water Aerobics,
Lap Swim and all Fitness Classes.*

INDUSTRIAL:

\$300.00

*Access to Fitness Center,
Water Aerobics,
Lap Swim and all Fitness Classes.*

**PAYMENT PLAN AVAILABLE
UPON REQUEST**

*Quarterly payments, on automatic
payment plan (on a credit card)
offered with the full purchase
of Basic Resident Card
Total \$106.00*

*Payment #1 \$31.75
at time of issuance*

Payment #2 \$24.75 2nd quarter

Payment #3 \$24.75 3rd quarter

Payment #4 \$24.75 4th quarter

**Basic Resident Card required
for all programming \$7.00*



CITY OF COMMERCE DEPARTMENT OF PARKS & RECREATION

FITNESS CENTER



BRENDA VILLA AQUATIC CENTER

5600 Harbor St.
Commerce, CA 90040

*Must wear fitness attire.
Bring small hand towel and
Resident Card to work out.*

CARDIO ROOM:

STEPMILLS
TREADMILLS
UPRIGHT BIKES
RECUMBENT BIKES
ELLIPTICAL CROSS-TRAINERS
SPINNER BIKES
ASSAULT FAN BIKES

FREE WEIGHT ROOM:

DUMBBELLS
CABLE CROSSOVER MACHINE
POWER RACK
HAMMER STRENGTH MACHINE
BARBELLS

MONDAY - FRIDAY
5:45 A.M. - 7:30 P.M.

SATURDAYS
9:30 A.M. - 1:30 P.M.

SUNDAYS CLOSED