



# Tips For People With Special Needs



- You should assemble enough supplies to last for at least three days.
- Put a security light in each room that lights up automatically in a power outage.
- Assemble the supplies you would need in an evacuation, both medical and general supplies.
- Store supplies in an easy-to-carry container, such as a backpack or duffel bag.
- Be sure your bag has an I.D. tag.
- Label any equipment, such as wheelchairs, canes or walkers, which you would need.
- Have a whistle near you to signal for help.

## For Your Medical Needs

- First-aid kit
- Keep extra emergency supplies at your bedside and by your wheelchair.
- Prescription medicines, list of medications including dosage, list of any allergies.
- Extra eyeglasses and hearing-aid batteries.
- Extra wheelchair batteries, oxygen.
- Medical insurance and Medicare cards.
- List the doctors and relatives or friends who should be notified if you are injured.