



Earthquakes Planning Ahead



Know What to Do During An Earthquake

- **DROP, COVER, and HOLD!** Move only a few steps to a nearby safe place. Stay indoors until the shaking stops and you're sure it's safe to exit. Stay away from windows.
- If you are in bed, hold on and stay there, protecting your head with a pillow.
- If you are outdoors, find a clear spot away from buildings, trees, and power lines. Drop to the ground.
- If you are in a car, slow down and drive to a clear place (as described above). Stay in the car until the shaking stops.

Identify What to Do After An Earthquake

- Check yourself for injuries. Protect yourself from further danger by putting on long pants, a long-sleeved shirt, sturdy shoes, and work gloves.
- Check others for injuries. Give first aid for serious injuries.
- Look for and extinguish small fires. Eliminate fire hazards.
- Turn off the gas if you smell gas or think it's leaking (remember, only a professional should turn it back on).
- Listen to the radio for instructions.
- Inspect your home for damage. Get everyone out if your home is unsafe.
- Expect aftershocks. Each time you feel one, **DROP, COVER, and HOLD!**



Eliminate Hazards Before an Earthquake

- Bolt bookcases, china cabinets and other tall furniture to wall studs.
- Strap the water heater to wall studs.

