



Report to the People

Celebrating
55
Years

Where Quality Service Is Our Tradition

Volume 55 No 3 March 2015

THE MODEL CITY

www.ci.commerce.ca.us

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*Notice for March 3
Municipal Election*



L. to r. are John Yonai, Tierra West Advisors; Steve Craig, Craig Realty; Public Works & Development Services Director Maryam Babaki; Miss Commerce Denize Rodriguez; Ali Cayir, Transtech Engineers; City Administrator Jorge Rifa; Ursula Parra, Senator Mendoza's Office; Kimberly Tachiki-Chen, Congresswoman Roybal-Allard's Office; Melissa Demirci, Transtech; John Griffo, Commerce Casino.

City Breaks Ground on \$38 Million Washington Boulevard Project

Commerce broke ground on the \$38 million Washington Boulevard Reconstruction and Widening Project on January 23.

The groundbreaking ceremony was attended by the City Council, members of the project team, and representatives from the Gateway Cities Council of Governments.

"This is an important project that will move the City forward by making Washington Boulevard faster and safer for motorists to travel while reducing traffic congestion and air pollution," said Maryam Babaki, Commerce's Director of Public Works and Development Services.

The project will expand Washington Boulevard to three lanes, which will ease traffic by increasing the roadway's vehicle capacity. Current average daily traffic is 35,000 vehicles, approximately 25% of which is attributable to heavy truck traffic (8,750 trucks).

It has taken years of planning to assemble the funding and design the specifications for the project which covers the expanse of Washington Boulevard's 2.8 mile length in the City of Commerce.

Other project improvements include the installation of ADA compliant sidewalks for pedestrians; attractive, up-

graded and energy efficient LED lighting and traffic signals; raised medians and water conserving landscaping improvements.

The project is funded with \$13.5 million from Measure R funds; \$13.4 million from Prop. "C25" funds; \$5.8 million from Transportation Corridor Improvement Funds; \$3.5 million from the City; \$2.2 million from the Safe, Accountable, Flexible, Efficient Transportation Equity Act: A Legacy for Users (SAFETEA-LU); and \$90,000 from Local Transit Funds (LTF).

We ask for your patience as we continue to improve Commerce's streets and roads. Throughout construction, the City encourages businesses and the public to provide us with feedback to aid us in addressing concerns.

The City's goal with this project and many others planned or underway is to improve Commerce's infrastructure through smart planning and responsible investment to set the stage for improved economic development for our business partners.

To provide us with your comments call Public Works and Development Services at (323) 722-4805.

Healthy Living Proves to be Fruit-Full



As parents, we're always looking for ways to enrich our children's lives and one of them is teaching healthy eating habits from an early age. In an effort to promote a healthy lifestyle, the Commerce City Council has declared March "National Nutrition Month" and to celebrate has partnered with AltaMed to host a "Choose Health LA Kids" nutrition workshop. Parents and caretakers of children ages 5 and under are invited to participate in one of two nutrition workshops on March 16th or March 23rd from 6 pm-7 pm at the Community Services Room located in City Hall.

In order to teach our children, we must educate ourselves as well, which is why the workshop will touch on the benefits of fruits and vegetables and other important food groups. There will also be a food demonstration

Healthy Living continued on page 8

Commerce Celebrates 55 Years of Incorporation



Assemblymember Cristina Garcia presents a commendation honoring Commerce's 55th Birthday.

To celebrate 55 years of Incorporation, residents attended the City of Commerce 55th Birthday Celebration at Rosewood Park on January 23.

The celebration's opening ceremonies included an invocation by retired City employee and longtime resident Alice Sterling that highlighted Commerce's past and expressed her optimism for the future.

Dignitaries from throughout the region were in attendance to congratulate Commerce on 55 years of success. They included Assemblymember Cristina Garcia, Los Angeles County First District Supervisor Hilda Solis and representatives from the offices of Congresswoman Lucille Roybal-Allard and Senator Tony Mendoza.

Earlier in the day the City also hosted the grand "re-opening" of the newly renovated Rosewood Main Library. The event included the dedication of the Valentina Basset Children and Family Reading Room, named to honor Commerce's only surviving member of the Commerce Incorporating Committee.

City officials talked about the City's accomplishments over the last year including the multi-million dollar renovation of the Rosewood Main Library; the opening of the state-of-the-art Congresswoman Lucille Roybal-Allard Emergency Operations Center; and continued development of the Green Zones Policy that earned the City the Air Quality Management District's Clean Air Award.

Thank you to everyone who celebrated this milestone.

FROM THE DESK OF JORGE RIFA CITY ADMINISTRATOR

March is Women's History Month so I'd like to start by encouraging everyone to take a few moments to learn about women who have been a part of history, as well as leaders in writing it.

One of them was Susan B. Anthony who was an American social reformer that led the Women's Suffrage Movement. This movement ultimately gave women the right to vote. Like Anthnoy, women like Eleanor Roosevelt and Rosa Parks have had a tremendous impact on our Nation and society.

In Commerce we had women like Valentina "Val" Bassett and the late Eva Long, who were leaders in the City's incorporation. As a matter of fact, the City honored Val's work in late January when we dedicated the Valentina Bassett Children and Family Reading Room in the newly renovated Rosewood Main Library, formerly known as the Central Library.

The dedication event was an emotional and enjoyable one for Val and her family, as well as the residents in attendance who applauded her work. On behalf of the City Council, thank you to Val and the rest of the members of the Incorporating Committee for making the City of Commerce a reality.

We also celebrated the City's 55th Birthday in January. To see photo highlights from the event you can visit the City of Commerce Flickr page, which is easily accessible through the button at the bottom right hand side of the City website's home page at www.ci.commerce.ca.us. You can also visit the City's other social media pages on Facebook, Pinterest, Twitter and Instagram.

This month we are hosting the 55th Annual Miss Commerce Pageant on March 23. Fourteen young women have entered the pageant and will have the opportunity to represent Commerce as the City's Queen. The Miss Commerce Pageant provides these young ladies an opportunity to make friends, create unforgettable memories, and grow from a wonderful once in a lifetime experience. Residents can contact the Parks and Recreation Department at (323) 887-4434 to purchase tickets to the pageant being held at the Crowne Plaza Hotel. If you are unable to attend we encourage you to watch the pageant live on Commerce Cable Channel 3 or online at www.ci.commerce.ca.us.

During the Pageant, the City will also select the 2015 City of Commerce Young Man of the Year. The Young Man of the Year award is a way to recognize young men who are active in their community and are among the best and brightest of their peers. Just as Miss Commerce serves as a positive role model for our girls and young ladies, the Young Man of the Year is a positive role model for the next generation of young men in Commerce. Good luck and congratulations to all of the participants!

Don't forget to do your civic duty and vote on March 3.

Sincerely,

Jorge Rifa

Municipal Notes

New Library Children and Family Reading Room Dedicated to City Founder Valentina Bassett



City founder Valentina "Val" Bassett with her daughter Annela Grajeda and grandson Carlos Grajeda.

Commerce dedicated the new Valentina Bassett Children and Family Reading Room on Jan. 24 to honor Bassett who is the last surviving member of the Commerce Incorporation Committee.

"I was overcome with emotion and unable to express how grateful I felt for your recognition of the work that was done by me and others to incorporate the City of Commerce. I have lived here since 1946 and I'm proud to call Commerce my hometown," said Bassett in a letter addressed to the City Council that was read at their Feb. 3 Meeting.

The Children and Family Reading Room was named to commemorate Bassett's work, as well as her belief in the value of reading. The plaque, which is on the wall outside of the center reads: "A lifelong reader and lover of books, Val was inspired by a vision of what Commerce could be: A City that would provide outstanding services and a better quality of life for its residents. Through her hard work and civic passion Val helped make this vision a reality."

Bassett was one of thirteen members of the Incorporation Committee who advocated Cityhood. In 1959 the Committee walked neighborhoods and talked to area residents about the benefits of Cityhood. This work resulted in the incorporation of the City of Commerce on January 12, 1960 which was approved by a vote of the people.

'Urban Entertainment Center' Project Advances

The City of Commerce is one step closer to seeing the long awaited 'Urban Entertainment Center' Project coming to fruition with the City Council's approval to sell a 27 acre property on the Telegraph Road Corridor to Craig Realty.

As part of the sales agreement for the retail/industrial zoned property, Craig Realty has agreed that at least 70% will be de-

veloped for retail purposes. The retail center is projected to be operational within the next two years and add to the great retail success of the world famous Citadel Outlets, which it is located directly adjacent to.

Craig Realty owns & operates the Citadel Outlets, which is one of the City's largest employers and revenue generators.

CITY OF COMMERCE COUNCIL ACTIONS

Regular Meeting of February 3



Deputy City Clerk Victoria Alexander, pictured here with her family, was honored for her retirement and 23 years of service to the City.

Approved a resolution to declare a public nuisance and authorize the City to provide for the abatement of weeds and other debris from such designated locations.

Approved revisions to the employee length of service recognition award policy.

Approved work performed by CPO Enterprises, Inc. for the Bus Shelter Installation Project.

Approved a policy for the investment of City funds.

Approved a resolution for a quitclaim deed from California Water Service Co. in relation to the Washington Boulevard Reconstruction Project.

Approved the early release of a 2.5% retention fee to MTM Construction, Inc. for the Central Library Renovation Project.

Received and filed the Comprehensive Annual Financial Report for the Fiscal Year ending June 30, 2014.

Approved an agreement with Martinez Concrete for street repairs on 61st Street.

Approved a Request for Proposal to address scanning, indexing and importing Public Works and Development Services Department documents electronically.

Approved emergency gas line repairs at the Rosewood Park-Brenda Villa Aquatics Center.

Directed staff to develop recommendations regarding resident activity cards and program fees.

Approved continued participation in the California Cities for Self Reliance Joint Powers Authority.

Scheduled a public workshop for a proposed digital billboard ordinance at the Feb. 17th Council Meeting.

Regular Meeting of January 20

Approved a change in personnel policies and procedures repealing specific provisions related to sick leave and retirement policies to ensure compliance with State law.

Approved changes in personnel policies regarding absenteeism and employee separation.

Approved changes to the job specifications of the Permit Technician position in the Commerce Classification and Compensation Plan.

Approved a Memorandum of Understanding with the Los Angeles Homeless Services Authority to participate in the Opt-in Program for the 2015 Greater Los Angeles Homeless County.

Approved replay of the City Council Candidates Forum relevant to the March 3, 2015 General Municipal Election.

Approved an agreement to purchase and sell real estate to Craig Realty Group Citadel, LLC negotiated by the Successor Agency.

Approved termination of a \$54,000 annual agreement with Government Affairs Consulting for grant consulting services.

Approved a general construction agreement with Burlington Northern Santa Fe Railway for certain work related to the Washington Boulevard Reconstruction Project.

Approved three separate agreements for emergency street reconstruction at 61st Street.

Approved the Facility High Reach Cleaning Project in the amount of \$125,337.30 as recommended by the Measure AA Advisory Committee for specific City facilities.

Approved an ordinance changing the zoning a parcel of land at 6300 Telegraph Road from Unlimited Commercial (C-2) to Light Manufacturing (M-1).

MISS COMMERCE PAGEANT

A New Queen Will Be Crowned

My journey as Miss Commerce has definitely been a dream come true. I have met so many wonderful people, including the sweet children in our community and they have melted my heart.

As a tutor at the Commerce Library I have always worked closely with our youth, but as Miss Commerce I was able to expand my interaction with them at special events and several City programs. We spent so much time laughing at Camp Commerce and having fun on carnival rides at the Independence Day Celebration, that these are memories I will always cherish.

Representing Commerce has been a great gift and huge honor. One of my most memorable moments was my trip to Commerce's Sister City, Aguascalientes, Mexico. From visiting a local orphanage to spending time with seniors at a retirement home, the excursion was unforgettable.

There were so many places to go and people to see I felt like I was everywhere at once, but the hundreds of smiling faces at each of these events made it all worth it. I rode on the City's Christmas Parade float, helped light the world's largest Christmas tree at the Citadel Outlets, was on stage celebrating Cinco de Mayo and even kicked off the Turkey Trot 5K run to name just a few.

Being Queen has taught me so much about myself. I feel like

I've outgrown a fishbowl and I'm ready to swim in the ocean. This really was MY year! From the moment I was crowned to this very day, the experience feels surreal and the emotion is overwhelming. I'd like

to thank the residents, the pageant steering committee, my parents, my sister and City staff Adolfo Marquez, Tina Fierro and Lucinda Blancarte. Each one of you played a huge part in empowering and encouraging me. This was a life changing experience for me and one that I will cherish for the rest of my life. It is bittersweet to say goodbye and while I'll look back fondly, I intend to take all that I have gained from being Miss Commerce and keep moving forward!



Miss Commerce 2014 Denize Rodriguez.



Miss Commerce Denize Rodriguez showing off a different look.





2015 Pageant Participants

CECILIA CAMPOS

Daughter of Serafin and Lucia Campos
18 years of age
Schurr High School
5 ft. 2 in. tall
Brown hair
Brown eyes



Cecilia Campos is a senior at Schurr high school where she has represented her class as President for the past three years. She is also the United Student Body President and active in Girls League. In her spare time, Cecilia volunteers at Children's Hospital, Los Angeles and hopes her experience will help prepare her for a career as a nurse specializing in pediatric medicine. The last book Cecilia read was "The Great Gatsby" by F. Scott Fitzgerald.

Running for Miss Commerce: "Growing up in this City, it has always been one of my many dreams to run for Miss Commerce. Knowing previous Miss Commerce Queens and the impact they had on me, is something I want to do. I want to have an impact and give back a little bit of what it has given me."

ALYSSA RUBIO

Daughter of Al and Josie Rubio
20 years of age
Rio Hondo College
5 ft. 3 in. tall
Black hair
Brown eyes



Alyssa Rubio is a sophomore at Rio Hondo Community College where she is majoring in Child Development in hopes of becoming a preschool teacher. Alyssa currently works as a sales associate for Footlocker and in Parks and Recreation with the City of Commerce. She previously held the title of Miss Dodgers 2012 and continues to volunteer her time, especially with the children at her church. The last book Alyssa read was "The Girl with the Dragon Tattoo" by Stieg Larsson.

Running for Miss Commerce: "I'm running for Miss Commerce because I believe I can continue to be a positive role model for the City that showed me what it is to be involved. I also want to make a difference for the younger generations to come."

STEPHANIE GARCIA

Daughter of Heriberto and Martha Garcia
20 years of age
University of La Verne
5 ft. 7 in. tall
Brown hair
Brown eyes



Stephanie Garcia is a sophomore at the University of La Verne where she is a double major in Kinesiology and Spanish. She is a member of the Latino Student Forum Club and the Kinesiology Society. She also volunteers in the Physical Therapy Department at Downey Regional Medical Center. In addition to being a full time student, Stephanie works at the Doubletree by Hilton, Los Angeles-Commerce as a front desk agent. Before beginning her career as a pediatric occupational therapist she plans to join the Peace Corps and serve in Madagascar. Stephanie is currently reading "At Any Price" by Brenna Aubrey.

Running for Miss Commerce: "This opportunity will allow me to face and conquer my fears. I also see it as a great way to inspire other girls."

ROSA MORENO

Daughter of Ramiro and Leticia Moreno
17 years of age
Schurr High School
5 ft. 9 in. tall
Brown hair
Brown eyes



Rosa Moreno is a senior at Schurr High School where she is a member of the Varsity soccer team. She plans to attend college to prepare for a career as a biology teacher. She also has aspirations to coach youth soccer and basketball. Rosa enjoys helping her mom babysit to earn extra money. During her free time she enjoys spending time with her friends and family, hiking, reading and working out. The last book Rosa read was "The Sound and the Fury" by William Faulkner.

Running for Miss Commerce: "I would love to represent my beautiful city, the City of Commerce, where I was born and raised. I also feel it will be a great opportunity to make new friends and to increase my self-confidence."

ARIEL MARGARITA FRUTOS

Grand-Daughter of Carmen Marquez
18 years of age
Downey High School
5 ft. 1 in. tall
Brown hair
Brown eyes



Ariel Margarita Frutos is a student at Downey High School where she studies in a specialized program. After graduation, she plans to earn an American Sign Language Certificate which will allow her to work with students that are deaf or have hearing disabilities. In her spare time Ariel enjoys swimming, exercising at the Commerce gym, reading, writing, spending time with family and friends, as well as collecting "Love Is" cartoons from the LA Times. The last book Ariel read was "Thunder," a book about a dog who finds a boy to be his new family.

Running for Miss Commerce: "I am running for Miss Commerce because I would like to represent the City of Commerce. I also really enjoy meeting new people and trying new things."

DAYANA RUIZ MARQUEZ

Daughter of Marlene Marquez
17 years of age
Schurr High School
5 ft. tall
Brown hair
Brown eyes



Dayana Ruiz Marquez is a senior at Schurr High School where she participates in the dance program and is the President of the Drama Club. Dayana hopes to enter a career in the performing arts that combines her love of dancing and acting. She is a personal trainer and enjoys motivating people to engage in a healthy lifestyle. The last book Dayana read was "How Not to Buy a Common Stock".

Running for Miss Commerce: "I am running for Miss Commerce because I believe it will be a fun and exciting experience that will help me grow as a young woman."

2015 Pageant Participants



Mia Altamirano is a senior at Bell Gardens High School where she was a cheerleader for nearly three years. She plans to attend college and double major in Business Administration and Fashion Merchandising. Mia's plan is to gain experience in the industry and then launch her own business in fashion. In her free time, Mia enjoys shopping and trying new restaurants. She also enjoys writing in her journal about her ideas and plans for her future. The last book Mia read was the "Twelve Pillars."

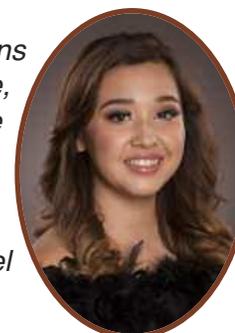


MIA ALTAMIRANO

Daughter of
Ivan Altamirano
17 years of age
Bell Gardens High School
5 ft. 1 in. tall
Light Brown hair
Light Brown eyes

Running for Miss Commerce: "Having grown up in the City of Commerce I've had the opportunity to see the way our Royal Court serves our community. It has inspired me to part of this wonderful program and in turn I hope to inspire other young women to participate as well."

Destanee Rose Cortes is a senior at Schurr High School where she is a member of the Volleyball team. She plans to attend the University of Illinois at Chicago to pursue her dream of becoming a journalist. During her spare time, Destanee is a volunteer coach for both the City of Commerce and Monterey Park. She also volunteers for the American Cancer Society's Relay for Life. The last book Destanee read was "The Great Gatsby" by F. Scott Fitzgerald.



DESTANEE ROSE CORTES

Daughter of Fernando
and Frances Garcia
18 years of age
Schurr High School
5 ft. 4 in. tall
Brown hair
Brown eyes

Running for Miss Commerce: "I am running for Miss Commerce so I can be a positive influence and role model for the youth of Commerce."

Kimberly Jimenez is a sophomore at Long Beach City College and plans to transfer to Cal State Long Beach to major in Communications and Business Management. With a passion for visual design, Kimberly hopes to open her own studio specializing in event planning. A former member of the Commerce swim team, Kimberly now enjoys spending her free time at Disneyland or at home watching movies. The last book Kimberly read was "Gone Girl."



KIMBERLY JIMENEZ

Daughter of Ana de Anda
and Santiago Meza
20 years of age
Long Beach City College
5 ft. 2 in. tall
Brown hair
Brown eyes

Running for Miss Commerce: "I am a role model for my younger sisters and it is important that I show them that there are second chances and that they should always be confident and positive if they want to succeed."

Brittany Betancourt is a Nursing student at East Los Angeles College. She is preparing for a career as a Nurse Practitioner in pediatric oncology. Brittany loves children and regularly donates platelets at Children's Hospital, Los Angeles. In her spare time, Brittany enjoys spending time with her family, scrapbooking, baking, dancing, singing and traveling. The last book Brittany read was "A Fault in Our Stars" by John Green.



BRITTANY BETANCOURT

Daughter of
Josie Betancourt and
Ronald Jameson
21 years of age
East Los Angeles College
5 ft. 4 in. tall
Blonde hair
Brown eyes

Running for Miss Commerce: "I am running for Miss Commerce because I have been inspired by past queens who have had an impact on my life. I would love to follow in their footsteps by being a role model to our youth and inspire them to give back to their community."

Diana Lopez will graduate from East Los Angeles College in June with two Associates Degrees; one in Natural Science and the other in Social Behavior. She is also a student trainee for the EMT program at El Camino Compton Center. She is preparing to transfer to a four-year University to study to be an Emergency Room Physician's Assistant. Diana volunteers as a clinical care extender at St. Francis Medical Center and in her free time she enjoys crossfit, shopping and spending time with her friends. The last book Diana read was "Sick/No Sick: A Guide to Rapid Patient Assessment."



DIANA LOPEZ

Daughter of Samuel
and Elvia Lorena Lopez
20 years of age
East Los Angeles College
5 ft. 1 in. tall
Brown hair
Brown eyes

Running for Miss Commerce: "I am running for Miss Commerce because I feel that this will be a wonderful experience that will help me as I continue evolve as a young woman."

Delaina Jaramillo is a senior at Warren High School where she is active in three choir groups, a member of Girls League and Vice President of the Dance Club. Her passion is the performing arts and Delaina would like to open her own studio or pursue a career as a professor in that field. In her spare time she is a volunteer at the Bell Shelter Recuperative Care Program. She also enjoys reading, singing, and dancing. The last book Delaina read was "Night" by Elie Wiesel, a memoir written by a Holocaust survivor.



DELAINA JARAMILLO

Daughter of
Lettie Jaramillo
17 years of age
Warren High School
5 ft. 4 in. tall
Brown hair
Brown eyes

Running for Miss Commerce: "I am running for Miss Commerce because this City has been such an important part of my upbringing. I would be honored to be able to represent Commerce."



2015 Pageant Participants

City of Commerce Department of Parks & Recreation

MISS COMMERCE *Pageant*

Saturday, March 14, 2015

LIVE TELECAST

From The Commerce Hotel and Casino



2014 Miss Commerce Pageant



COMMERCE CALENDAR MARCH

2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																											
<p>1</p> <p>Boxing Show Veterans Park 1 p.m.</p>	<p>2</p> <p>English Book Club Transportation Conf. Rm. 6 p.m.</p> <p>Dr. Seuss' Birthday Celebration Rosewood Library 6 p.m.</p> <p>Youth Advisory Commission 7 p.m.</p>	<p>3</p> <p>General Municipal Election</p>	<p>4</p> <p>Senior Citizens Commission 12:30 p.m.</p> <p>Dr. Seuss' Birthday Celebra- tion Veterans Library 6 p.m.</p>	<p>5</p> <p>Parks & Recreation Commission 6 p.m.</p> <p>Dr. Seuss' Birthday Celebra- tion Bristow Library 6 p.m.</p>	<p>6</p> <p>Teen Art Night Veterans Library 5 p.m.</p>	<p>7</p> <p><i>"I am not here for women only, but also for women." Angela Merkel, Chancellor of Germany</i></p>																																																																																											
<p>8</p> <p>Daylight Saving Time (turn clocks head 1 hour)</p>	<p>9</p> <p>Education Commission 6 p.m.</p>	<p>10</p> <p>Measure AA Committee 6 p.m.</p>	<p>11</p> <p>Task Force Committee 3 p.m.</p> <p>Traffic Commission 6:30 p.m.</p>	<p>12</p> <p>Community Services Commission 6 p.m.</p>	<p>13</p>	<p>14</p> <p>Miss Commerce Pageant The Commerce Hotel and Casino 5 p.m.</p>																																																																																											
<p>15</p>	<p>16</p> <p><i>"Toughness doesn't have to come in a pinstripe suit." U.S. Senator Di- anne Feinstein (CA)</i></p>	<p>17</p> <p>St. Patrick's Day City Council/Successor Agency 6:30 p.m.</p> 	<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>																																																																																											
<p>22</p>	<p>23</p> <p>Library Commission 6 p.m.</p>	<p>24</p>	<p>25</p> <p>Planning Commission 6:30 p.m.</p>	<p>26</p> <p>Spanish Reading Club Rosewood Library 6 p.m.</p>	<p>27</p> <p><i>"For most of His- tory, Anonymous was a woman." Author Virginia Woolf</i></p>	<p>28</p>																																																																																											
<p>29</p>	<p>30</p>	<p>31</p>	<p><i>"We can do it!" Rosie the Riveter</i></p>	<p>April 2015</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			<p>May 2015</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
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Where Quality Service Is Our Tradition

COMMERCE CITY COUNCIL





Tina Baca Del Rio, Mayor
Lilia R. Leon, Mayor Pro Tem
Joe Aguilar, Councilmember
Ivan Altamirano, Councilmember
Denise M. Robles, Councilmember

Important Phone Numbers

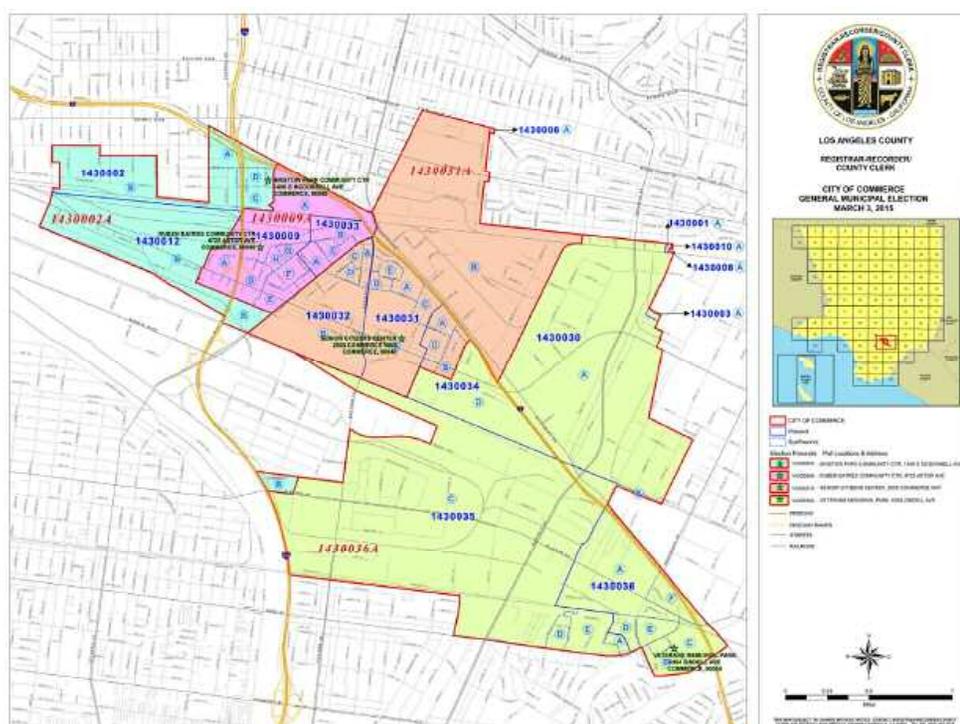
City Hall (323) 722-4805	E.L.A. Sheriff's (323) 264-4151
Code Enforcement Ext. 2293	Graffiti Hotline (323) 887-4444
Animal Control	Emergency 911
M-F 8 am to 6 pm (323) 887-4460	www.ci.commerce.ca.us
Weekends/Evenings (562) 940-6898	

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Residential Customer

Notice for March 3 General Municipal Election



The address of the polling place as shown on the back of the official "Sample Ballot and Voter Information Pamphlet" is incorrect for some voters. Those voters will receive an updated Sample Ballot Cover identifying the correct polling place location.

To find your Polling Place:

- Call the City Clerk's Office at (323) 722-4805 ext. 2342
- Visit the City of Commerce website, City Clerk page, Elections Division section "How to Find your Polling Place"

If you have any questions, please call the City Clerk's Office.

Healthy Living Proves to be Fruit-Full

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tion and sampling of a healthy recipe to teach how easy and tasty healthy eating can be.

Choose Health LA Kids is an initiative of the Los Angeles Department of Public Health that promotes nutrition and physical activity for families while encouraging daily balanced meals. Simple changes can go a long way, such as eating more fruits and vegetables (5 or more a day), reducing processed, fried foods and sugary drinks while increasing our water intake. Limiting television time (no more than 2 hours), and increasing and making physical activity part of a daily routine.

The alarming rates of childhood obesity in our community show the need for more nutrition education and awareness for parents. According to the Los Angeles County Department of Health. In Los Angeles County, the most densely populated county in the U.S, obesity rates have increased from 18.9% in 1999 to 23% in 2008 among school-aged children. That's almost a quarter of LA County.

Reports show that on a nationwide scale, one third of all children born in the U.S in 2000 may develop diabetes during their lifetime if the obesity epidemic remains unchecked. Early prevention is key and programs like Choose Health LA Kids can help by teaching parents how to help their children eat healthy and be active.

It's important to teach children about balanced meals and how to make smart and healthy choices early. Feeding their bodies with greasy, sweet, fatty and fried food can have long-lasting effects that extend beyond obesity. Hypertension, type 2 diabetes, high blood pressure, and heart disease are a few chronic issues that arise from unhealthy habits; there may even be emotional and psychological consequences. Food is good, but let food be a source of health not disease.

For more information about the workshops, call the Community Services Department at 323-887-4460.

LA County Department of Public Health on Measles: 'Don't Wait, Vaccinate'

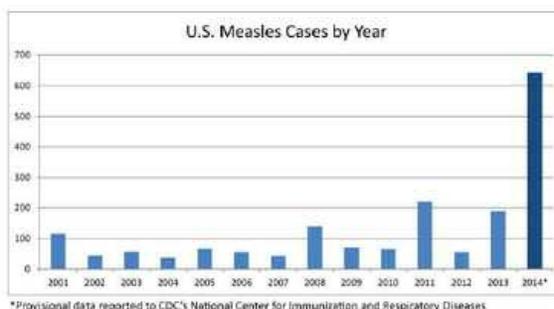
To combat the spread of measles, which has been extensively reported in the news since January, the Los Angeles County Department of Public Health is urging families "Don't Wait, Vaccinate" for adults and children who have not received the measles vaccine.

Measles is a highly contagious viral disease that spreads from person to person by respiratory droplets. Symptoms include fever, runny nose, cough, conjunctivitis (pink eye) and a rash all over the body. Severe complications are rare but may include pneumonia, encephalitis (swelling around the brain), and even death.

Administering 2 doses of measles-containing vaccine is the safest and most effective way to prevent the disease. Studies show that 99% of persons who receive two doses of measles vaccine develop immunity (protection against the disease).

There has been some controversy regarding the safety of the measles vaccine, however the U.S. Centers for Disease Control and Prevention (CDC) states that the MMR shot is very

safe and that it is effective at preventing measles, mumps and rubella. Vaccines, like any medicine, can have side effects. But most children who get the MMR shot have no side effects.



*Provisional data reported to CDC's National Center for Immunization and Respiratory Diseases

Side effects are usually very mild, such as a fever or rash. More serious side effects are rare. These may include high fever that could cause a seizure and temporary pain and stiffness in joints.

Scientists in the U.S. and other countries have carefully studied the MMR shot and none have found a link between autism and the MMR shot.

For more information on measles vaccines and immunizations, visit www.cdc.gov/vaccines/vpd-vac/measles/fs-parents.html. For more information on free or low-cost immunizations, visit www.publichealth.lacounty.gov/ip, dial 2-1-1 or call (800) 427-8700.